



ERNEST ORLANDO LAWRENCE
BERKELEY NATIONAL LABORATORY

**Environment, Health, & Safety
Training Program**

EHS 68 ~ Ergonomic Workstation Evaluation

Course Syllabus

Subject Category: Ergonomics/Occupational Safety-Health
Course Length: 1 hours
Delivery Mode: Class or CD
Schedule: As Needed
Location/Time: Employee Workstation

Course Prerequisite: EHS 60
Medical Approval: No

Course Purpose: To perform an ergonomic evaluation of employee's computer workstation to assure configuration and work practices do not pose ergonomic risks/hazards.

Course Objectives:

- Onsite personal evaluation of computer users (>4 hours).
- To identify and correct/eliminate at risk ergonomic hazards and work practices.

Course Instructional Materials:

Instructors: Jeffrey Chung or designated trained Ergonomic Evaluator

Training Compliance Requirements: 8CCR 3203 & 5110, LBNL policy, ISM, and WSS (OSHA General Duty classes)

Course Hand-outs: Completed Workstation Evaluation form (copy to supervisor).

Participant Evaluation: This is not a formal class.

Written Exam: No

Practical Exam: No

Retraining/Recertification: No

WEB Resource: Web Resources: PUB 3000, Chapter 17; <http://www.lbl.gov/ehs/ergo>